**Changes due to COVID 19**

On re-opening treatments will be limited to face down massage and reflexology only. Aromatherapy will be limited to pre-blended oils.

All Facials, bamboo massage and hot stone massage are currently unavailable.

Appointments booked will be allocated 50 minutes of total time in the Garden Room, at this time it will not be possible to book shorter or longer appointments.

Treatments will be performed with PPE; this will include the wearing of, visor, mask and gloves for therapist and the wearing of a facemask for all clients. Clients will be required to wear a mask throughout their treatment with the exception of any time-spent face down on the couch.

Due to the cost implications of safety measures regrettably there has to be a rise in treatment price. All treatments will be charged at the £35.

If your are shielding or are currently in the high risk (clinically extremely vulnerable) group, regrettably I will be unable to offer you an appointment at this time, but hope to open up appointments to all in the near future.

If you are in the moderate risk group it will be necessary to gain medical consent from your GP before booking any treatment. Ideally consent should be written; if verbal consent is given you will be required to declare in writing that you have received such consent from your medical practitioner.

**Before Your Appointment**

Prior to your treatment it will be necessary to carry out a Covid questionnaire and consultation over the phone. Please bring water with you to your appointment or have keep some in your car to hydrate before you leave.

**Arriving for your appointment**

Please knock and wait, you will be asked to sanitise your hands, and put on a facemask.

Please maintain social distancing at all times other than when the treatment is being performed.

Please scan the QR code when you arrive, if you have the facility to do so.

For the foreseeable future payments will need to be made by

**Direct bank transfer to**

**E Reynolds**

**Barclays**

**Sort code 20-60-88**

**Account no. 40272922**

***Please reference your payment with your name and the date of treatment.***

If you are unable to make a direct bank payment please make a card payment at the garden room.

After your appointment please ensure you drink plenty of water, I’m happy to receive any treatment feedback from you via text, e-mail or phone, and please book your next appointment via text, email or phone in order to minimise additional time spent in the treatment room.